

## DEPARTMENT OF PSYCHOLOGY

“Psychology of Sustainability: Self, Culture and Collective Conscience”

Program Schedule	
24-01-2023 10AM	
<b>Resource Person</b>	<b>Dr. Sudhesh NT</b> (Assistant Professor, Department of Psychology, School of Social Sciences, CHRIST - Deemed to be University) <i>Topic: Resilience- The Road towards Wellness</i>
<b>Chair</b>	<b>Mr. Junaid</b> (Assistant Professor, Department of Psychology, Mankada Govt College, Kolathur, Valanchery)

SL No	Paper Presentations (11:30 AM to 01:00 PM)	Time
<b>Chair</b>	<b>Dr. Neethulal V</b> (Clinical Psychologist, Assistant Professor, Department of Psychology, University of Calicut)	
1	<b>Impact of COVID in family functioning and importance of mental health care and support in families</b> <i>Dr. Hannah John</i>	11:30 AM
2	<b>Experience of Psychic Restructuring in Refugees in the Context of the Life in the Refuge: A Conceptual Analysis</b> <i>Riswana B &amp; Dr. Baiju Gopal</i>	11:40 AM
3	<b>Recognition of Facial Expression and Odour Awareness among Children with Specific Learning Disabilities</b> <i>Krishma Prabhakar T</i>	12:00 PM
4	<b>Metacognitive Awareness among Youngsters</b> <i>Anaina Martin &amp; Anil Kumar P.P</i>	12:10 PM
5	<b>Influence of Family Environment on Adolescents' Resilience</b> <i>Dr. Hannah John &amp; Maria Sneha Fernandez F</i>	12:20 PM
6	<b>Social Dynamics Around When Women Should Marry: A Survey-Based Study Conducted in The Context of Raising the Legal Age of Marriage of Women in India</b> <i>Fathimath Suhara UK &amp; Dr. Rajani Ramachandran</i>	12:30 PM
7	<b>Impact of Events, Coping Skills, Resilience and Quality of Life among Frontline Covid-19 Healthcare Workers in Kerala</b> <i>Anjana K K, Ardra N S &amp; Deena K Varghese</i>	12:40 PM

24.01.2023 01:30 PM	
<b>Resource Person</b>	<b>Dr. Hena NN</b> (Psychologist, Project Advisor, TTK Centre for Rehabilitations) <i>Topic : Assistive Technology for Inclusion of Persons with Disabilities</i>
<b>Chair</b>	<b>Ms. Deepa Mary Thomas</b> (Assistant Professor, Department of Psychology, St. Joseph's College, Devagiri, Calicut)

SL No	Paper Presentations 03:15 PM to 04:30 PM	Time
<b>Chair</b>	<b>Dr. Hena NN</b> (Psychologist, Project Advisor, TTK Centre for Rehabilitations)	
1	<b>Personal Styles and Psychological Distress among Young Adults</b> <i>Gowri Parvathy S S &amp; Deepa Mary Thomas</i>	3:15 PM
2	<b>Influence of Mother's Employment Status on Autonomy and Self Efficacy of Adolescents</b> <i>Ayoosh Amal.P &amp; Deepa Mary Thomas</i>	3:25 PM
3	<b>Understanding Religious Fundamentalism: An Argument for Interdisciplinary Approach</b> <i>Kavitha G Bhaskaran &amp; Dr. Baby Shari P A</i>	3:35 PM
4	<b>Role of Social Physique Anxiety and Reasons for Exercise on Psychological Well-Being among Male</b> <i>Naseeha P</i>	3:45 PM
5	<b>Body Image Perception, Diet Beliefs and Self Esteem</b> <i>Jinu P &amp; Aswathi P</i>	3:55 PM
6	<b>Relationship between Self-Esteem, Job Satisfaction and Family Support among Fishermen</b> <i>Megna, Gauthami, Arya Nandha, Nivya Saji, Hanana Sherin, Anil Kumar P</i>	4:05 PM
7	<b>Relationship between Personality, Social Network Usage and Coping Styles among College Students</b> <i>Suhaina Najila PT &amp; Dr. Firdousiya PC</i>	4:15 PM

Online Presentations		
Chairs	<b>Dr. Ameer Hassan</b> <i>(Assistant Professor, Department of Psychology, Amal College)</i>	
	<b>Dr. Fawaz P</b> <i>(Assistant Professor and Head, Department of Statistics, Amal College)</i>	
	<b>Dr. Sefeer KP</b> <i>(Assistant Professor and Head, Department of Physiology, Amal College)</i>	
1	<b>Effect of Emotional Intelligence on Resilience of Adolescents in Broken Families</b> <i>Muhammed Sha E.K</i>	4:30 PM
2	<b>Depression among Married Working Women and Homemakers</b> <i>Salva</i>	4:40 PM
3	<b>Antecedents of Anxiety among Athletes: Mediating Role of Mindfulness and Coping Skills</b> <i>Neethu P S &amp; Vyshakh K</i>	4:50 PM

25.01.2023 09:30AM	
<b>Resource Person</b>	<b>Dr. Milu Maria Anto</b> (Assistant Professor and Head, Department of Psychology, Prajyoti Niketan College, Pudukkad, Thrissur)  <i>Topic: Managing Digital Addictions: A Clinician's Perspective</i>
<b>Chair</b>	<b>Dr. Hannah John</b> <i>(MSc Family Counselling, Program Head, Madras School of Social Work)</i>



Sl. No	Paper Presentations 09:30 AM to 11:40 AM	Time
Chair	<b>Dr. Lijiya Manju KC</b> (Assistant Professor, Department of Psychology, Providence Women's College, Calicut)	
1	<b>Relationship between Social Support, Self-Esteem and Mental Health among Single Parents</b> <i>Fathimath Najiya OV &amp; Dr. Firdousiya PC</i>	9:30 AM
2	<b>Emotional Intelligence and Perceived Social Support among Students Living Away from Home</b> <i>Sreelakshmi M.N &amp; Mrs Vasudha K.G</i>	9:40 AM
3	<b>Depression among Women</b> <i>Ansha Sakeer E.M, Nubla PK, Shifana VK &amp; Dr. Firdousiya PC</i>	9:50 AM
4	<b>Awareness about Sex Health Education and Sexually Transmitted Diseases among Young Adults of Age 18 – 30</b> <i>Sebin Sebastian George</i>	10:00 AM
5	<b>Social Support and Mental Health among Home Makers</b> <i>Alfiya EM, Hasna N, Rinedha Rahman M, Shafna Sherin N C &amp; Dr. Firdousiya PC</i>	10:10 AM
6	<b>Body Image and Self Esteem among Young Adults</b> <i>Anasooya Pramod, Fathima Diyana, Sanika M &amp; Dr. Firdousiya PC</i>	10:20 AM
7	<b>Influence on Social Media and Mental Health among Adolescents</b> <i>Anshidha Sherin, Fathima Fida Pallikandy, Liya PA &amp; Dr. Firdousiya PC</i>	10:30 AM
8	<b>Mental Toughness and Self-Efficacy among College Students in Relation To Their Participation in Sports and Games</b> <i>Nishma KR, Adhisree P, Ameen U &amp; Dr. Firdousiya PC</i>	10:40 AM
9	<b>Role of Perceived Parenting Style on Prosocial Behavior among Adults</b> <i>Hibamol KP, Nasreena AN, Rashin PK &amp; Dr. Firdousiya PC</i>	10:50 AM
10	<b>Influence of Inferiority Feelings and Attachment on Hypercompetitive Attitude in Adults</b> <i>Nusmiya Habeeb Rahman T &amp; Vineetha Lukose</i>	11:00 AM
11	<b>Influence of Self Esteem on the Personality of Young Adults</b> <i>Afna Hussain, Dilna Shari K, Afrah Shuhaib &amp; Dr. Firdousiya PC</i>	11:10 AM
12	<b>Depression and social support among married and unmarried women</b> <i>Dhilna, Fayize P V</i>	11:20 AM
13	<b>Preliminary Item Analysis of Scientific Temper Questionnaire</b> <i>Asla D S, Fayize P V, Shahasin fairose</i>	11:30 AM
14	<b>Gender Difference in Test Anxiety</b> <i>Sinan Abdullah, Zaki Roshan VP</i>	11:40 AM